



Vacation Packing Essentials

This guide will not only address the items you should pack for your cruise, but also where to store them to avoid having them confiscated or inaccessible when you need them.

WOMEN'S CRUISE PACKING LIST

| Undergarments and Bed Wear | | Accessories | |
|--------------------------------|---|-----------------------|---|
| | Bras <i>Include strapless if needed for evening wear</i> | | Purses (day and evening) |
| | Panties | | Belts |
| | Lingerie / night gown / pajamas / robe | | Scarves |
| | Compression stockings <i>For airplane flight to prevent swollen ankles</i> | | Gloves and stocking cap <i>If expecting cold weather</i> |
| | Exercise / walking socks | | Jewelry and extra watch |
| | Trouser socks or pantyhose | Women's Miscellaneous | |
| | Camisole / slip | | Blow dryer |
| Workout and Swim Wear | | | Curling iron or curlers |
| | Swim suit and cover-up / sarong | | Comb/brush |
| | Thongs / flip flops | | Hair gel |
| | Work out clothes and sports bra | | Hair spray (non-aerosol) |
| Clothing – Dress Code Specific | | | Shampoo |
| | Outfit for casual nights on ship <i>Dress, skirt and blouse or pants and a dressy top</i> | | Conditioner |
| | Outfit for informal nights on ship <i>Dress or pant suit</i> | | Shower cap |
| | Outfit for formal nights on ship <i>Dressy pant suit, cocktail dress or evening gown</i> | | Bar soap in plastic container |
| Clothing – Other | | | Deodorant |
| | Shorts | | Toothbrush / toothpaste |
| | Tops of all types <i>Sleeveless, short-Sleeved, long-sleeved</i> | | Dental floss |
| | Capri pants | | Mouthwash |
| | Slacks | | Tweezers |
| | Windbreaker / raincoat | | Make-up mirror |
| | Sweatshirt | | Make-up and make-up bag |
| | Evening sweater | | Make-up remover |
| Footwear | | | Cleanser |
| | Walking shoes | | Moisturizer and freshener |
| | Walking sandals | | Nail polish and remover |
| | Rubber sandals <i>For reef walking and beach</i> | | Nail clippers and file <i>Be sure to put in checked luggage</i> |
| | Evening shoes | | Razor and shaving cream |



MEN'S CRUISE PACKING LIST

| Undergarments and Bed Wear | | Footwear | |
|--------------------------------|--|---------------|---|
| | Underwear (briefs or boxer shorts) | | Walking shoes |
| | Undershirts | | Walking sandals |
| | Pajamas and robe | | Rubber sandals / shoes for reef walking and beach |
| | Compression socks <i>For airplane flight to prevent swollen ankles</i> | | Evening or dress shoes |
| | | | Casual shoes |
| Workout and Swim Wear | | Accessories | |
| | Swim suit and cover-up | | Belts |
| | Work out clothes / T-shirts | | Gloves and stocking cap <i>If expecting cold weather</i> |
| Clothing – Dress Code Specific | | Miscellaneous | |
| | Outfit for casual nights on ship <i>Slacks and sports shirts</i> | | Comb / brush |
| | Outfit for informal nights on ship <i>Slacks and a polo shirt, often required to wear a sports jacket, ties are optional</i> | | Shampoo and hair products |
| | Outfit for formal nights on ship <i>Suit or tuxedo</i> | | Bar soap in plastic container |
| | | | Deodorant |
| | | | Toothbrush / toothpaste |
| | | | Dental floss |
| | | | Mouthwash |
| | | | Tweezers |
| | | | Nail clippers and file <i>Be sure to put in checked luggage</i> |
| | | | Razor and shaving cream <i>Or electric razor and supplies</i> |
| Clothing – Other | | | |
| | Shorts | | |
| | Casual shirts | | |
| | Slacks (casual and dress) | | |
| | Windbreaker/raincoat | | |
| | Sweatshirt | | |



CRUISE TRAVEL ESSENTIALS FOR EVERYONE

| Travel Documents, Wallet Items, and Paperwork | |
|---|---|
| | Airline tickets or e-ticket confirmation |
| | Cruise documents |
| | Passports and visas (if necessary) or proof of citizenship (check with your cruise line for requirements) |
| | Vaccination certificate (if required) |
| | Driver's license and auto insurance card - in case you decide to rent a car when ashore |
| | Medical insurance cards and medical history (especially if traveling alone) |
| | Copy of prescriptions and list of all medicines you are taking |
| | Another picture ID - if you don't take driver's license |
| | Credit cards - notify your credit card companies before traveling to alert them you are traveling |
| | ATM card |
| | Pre-paid phone card |
| | Cash or traveler's checks - be sure to keep traveler's checks receipt in separate location |
| | 3 copies of airline tickets, cruise tickets, passports/visas, itinerary <i>Pack 1 copy in carry on, 1 copy in checked luggage, and leave one copy with someone at home</i> |
| | Contact numbers to report lost/stolen credit cards or traveler's checks |
| | Emergency numbers at home |
| | Currency conversion chart |
| | Wallet and fanny pack |
| | Watch - dual time zone watch is perfect! |

| Reading Material and Necessities | |
|----------------------------------|---|
| | Glasses, contacts, contact cleaner |
| | Extra reading glasses |
| | Sunglasses |
| | Reading sunglasses |
| | Guidebooks and other port of call information |
| | Foreign language phrase book or dictionary |
| | Maps |
| | Reading material <i>For the plane or lounging by the pool</i> |
| | Journal or notebook and pen/pencil <i>Make notes to tell your friends back home about your experiences</i> |
| | Business cards with email address to give out to new cruise friends |
| | Home and email addresses of friends/relatives <i>For sending postcards, emails, or gifts</i> |
| | Photo album |

| Medicine Kit | |
|--------------|--|
| | Prescription drugs and any other essential medications in carry on bag |
| | Ear plugs |
| | Small first aid kit <i>Band aids, Q-tips, Vaseline, Dramamine, antibiotic cream, bandages, anti-diarrhea medication, cortisone cream, aspirin / Tylenol / Advil</i> |
| | Germicidal hand cleaner |
| | Handy-wipes <i>For cleaning hands when ashore</i> |
| | Hand lotion |
| | Rubbing alcohol or foot lotion <i>For soothing tired, hot feet</i> |
| | Bug spray <i>For those pesky mosquitoes etc. ashore</i> |
| | Sun screen / sun block and lip sunblock |



CRUISE TRAVEL ESSENTIALS FOR EVERYONE CONTINUED

| Electronics and Camera Equipment | Other "Necessities" |
|--|--|
| Plug adaptor and converter | Duct tape or strapping tape |
| Cell phone and charger | Plastic cable-lock ties for luggage <i>Better than locks, but one-time use only</i> |
| PDA and charger | Extra luggage name tags <i>In case yours are lost on the outbound trip</i> |
| Laptop computer | Zip loc bags of all sizes and garbage/laundry bags |
| Binoculars | Corkscrew <i>Be sure to put in checked luggage</i> |
| Film camera and manual | Swiss Army knife or something similar with screwdriver head, etc. <i>Be sure to put in checked luggage</i> |
| Extra film <i>Don't put undeveloped film in checked luggage</i> | Small umbrella |
| Disposable underwater camera <i>For snorkeling or beach days</i> | Collapsible travel pillow <i>For those long airplane flights</i> |
| Digital camera and manual | Crazy glue |
| Extra memory cards for digital camera | Playing cards |
| Batteries for digital camera | Sports gear (e.g. snorkeling gear) |
| Battery charger | Shoe horn <i>For getting those shoes back on your swollen feet</i> |
| Extension cord / power strip with multiple plug-ins | Sewing kit and scissors <i>Be sure to put in checked luggage</i> |
| Walkman / Discman / MP3 Player <i>For walking on deck or on treadmill</i> | Travel-sized Woolite |
| Small travel alarm clock - battery operated | Clothes pins |
| Lighted dial clock for cruise ship cabin | Empty folding tote bag <i>For souvenirs or the beach</i> |
| Small flashlight | Hats/caps/visors |
| Night light | Insulated large coffee mugs |

This extensive list is by no means going overboard, pardon the pun. All of the above should be considered to ensure you are prepared for every situation. Weather changes, security checks and medical incidents are just some of many reasons to take note of the provided guide and pack accordingly.

For further information on what to bring on your cruise, please contact the CruiseShipCenters location nearest you. For a list of our locations visit <http://www.cruiseshipcenters.com/>